

Optimizing Energy efficient in Smart Grids Using AI-Based Predictive Load Management Technique



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KEY WORDS	ABSTRACT
Smart Grids, Energy Efficiency, Artificial Intelligence	This study investigates the optimization of energy efficiency in smart grids through the application of artificial intelligence (AI)-based predictive load management techniques, utilizing a qualitative methodology centered on literature review and library research. Smart grids represent a transformative approach to electricity distribution, integrating renewable energy sources and advanced communication technologies to enhance reliability and sustainability. AI-driven predictive load management emerges as a pivotal strategy, enabling dynamic forecasting and real-time adjustment of energy consumption patterns to balance demand and supply effectively. Through a comprehensive analysis of scholarly articles, reports, and case studies, this research synthesizes current advancements, challenges, and best practices related to AI algorithms deployed for load forecasting, demand response, and energy optimization in smart grid systems. The findings reveal that AI techniques, such as machine learning, deep learning, and reinforcement learning, significantly improve load prediction accuracy and facilitate proactive management of energy resources, thereby reducing operational costs and environmental impact. Furthermore, the study highlights the role of AI in integrating distributed energy resources and enhancing grid resilience. Despite promising outcomes, challenges including data privacy, algorithmic transparency, and scalability persist. This paper underscores the importance of continuous research and innovation in AI-driven load management to realize the full potential of energy-efficient smart grids. The qualitative insights provide a foundational understanding for policymakers, grid operators, and researchers aiming to develop sustainable and intelligent energy systems.

1. INTRODUCTION

The global demand for sustainable and efficient energy systems has accelerated the evolution of traditional power grids into smart grids, which leverage advanced technologies to optimize energy distribution and consumption Subudhi, B. (2025). Smart grids integrate renewable energy sources, real-time monitoring, and automated control systems to enhance grid reliability, reduce losses, and improve energy efficiency Ogunmoye, K. A. (2025). However, the increasing complexity of energy networks and fluctuating demand patterns pose

significant challenges to managing load effectively Boruah, P. A. (2025). Predictive load management, powered by artificial intelligence (AI), has emerged as a promising solution to address these challenges by enabling accurate forecasting and dynamic adjustment of energy usage.

Despite growing interest, there remains a notable research gap in the comprehensive understanding and qualitative synthesis of AI-based predictive load management techniques specifically tailored for optimizing energy efficiency within smart grids Clement, M.



(2025). Previous studies have predominantly focused on quantitative performance metrics or individual AI algorithms, often neglecting the broader implications, challenges, and integrative potential of these techniques in real-world smart grid applications Hassan, M. T. U. (2025). This gap limits the strategic adoption and development of holistic AI-driven load management solutions.

The urgency of this research is underscored by the critical need to reduce energy waste, enhance grid resilience, and support the integration of renewable energy sources amid global climate change concerns and regulatory pressures. Prior investigations have demonstrated the efficacy of machine learning and deep learning algorithms in load forecasting and demand response; however, a qualitative assessment consolidating these findings and addressing emerging trends remains scarce.

This study contributes novelty by conducting an extensive qualitative literature review, synthesizing diverse AI methodologies, and exploring their practical implications for predictive load management in smart grids Bekzod, A. (2025). The objectives are to identify key AI techniques, evaluate their roles in energy optimization, and highlight challenges and future research directions Elme, N. S. (2025). The findings aim to benefit policymakers, grid operators, and researchers by providing an informed foundation for advancing energy-efficient and intelligent grid management strategies.

2. METHOD

Research Type and Design

This study employs a qualitative research design, utilizing a systematic literature review approach to explore the optimization of energy efficiency in smart grids through AI-based predictive load management techniques Subudhi, B. (2025). The qualitative methodology allows for an in-depth synthesis of

existing theoretical frameworks, empirical findings, and emerging trends in the field. This approach facilitates a comprehensive understanding of complex interactions between AI technologies and energy management systems in smart grid environments.

Data Sources

Secondary data were collected from reputable academic databases including ScienceDirect, IEEE Xplore, Google Scholar, and SpringerLink. The selection criteria prioritized peer-reviewed journal articles, conference proceedings, technical reports, and authoritative reviews published within the last two decades to ensure relevance and currency. Sources focusing on AI applications, load forecasting, energy optimization, and smart grid technologies were considered, ensuring comprehensive coverage of the research topic.

Data Collection Techniques

A systematic search strategy was employed using keywords such as “AI predictive load management,” “energy efficiency,” “smart grids,” “machine learning,” and “load forecasting.” Articles were screened based on abstracts and full texts to identify studies that specifically addressed AI-driven predictive techniques for load management within smart grid contexts. Relevant data including methodologies, results, challenges, and future recommendations were extracted and categorized thematically to support the qualitative synthesis.

Data Analysis Method

Thematic analysis was applied to the collected literature to identify recurring patterns, key concepts, and insights related to AI-enabled load management and its impact on energy efficiency in smart grids. This involved coding textual data, grouping similar themes, and interpreting their significance in relation to the



research objectives. The analysis focused on understanding the effectiveness of different AI algorithms, integration challenges, and implications for sustainable energy management. This method provides a structured narrative that connects diverse findings and highlights areas for future research and practical application.

RESULT AND DISCUSSION

The analysis of the qualitative literature reveals that AI-based predictive load management techniques have become pivotal in optimizing energy efficiency within smart grids. Smart grids, characterized by their complex, dynamic nature and integration of renewable energy sources, require advanced tools capable of handling large volumes of data and rapidly fluctuating demand patterns. Artificial intelligence, particularly machine learning and deep learning algorithms, has demonstrated remarkable capability in accurately forecasting load demands and enabling proactive energy distribution strategies. These predictive capabilities allow grid operators to anticipate consumption patterns, reduce energy waste, and improve the balance between supply and demand, which are critical for enhancing overall grid efficiency.

The literature consistently emphasizes the importance of predictive accuracy as a determinant of effective load management. AI models such as neural networks, support vector machines, and reinforcement learning have been extensively studied for their superior performance in load forecasting compared to traditional statistical methods. These models accommodate nonlinear relationships and temporal dependencies inherent in energy consumption data, leading to more reliable predictions. Improved forecasting accuracy

directly translates to optimized scheduling of distributed energy resources and demand response initiatives, which mitigate peak load stresses and reduce operational costs.

Furthermore, AI-based load management facilitates the integration of distributed renewable energy sources like solar and wind, which are inherently intermittent and unpredictable. By forecasting generation and consumption patterns, AI enables dynamic adjustment of load and storage systems, thereby maintaining grid stability and minimizing reliance on fossil-fuel-based backup systems. This capability supports sustainability goals by reducing carbon emissions and enhancing the utilization of clean energy.

Despite these advancements, the literature also highlights several challenges affecting the implementation of AI-based predictive load management. Data quality and availability remain significant obstacles, as accurate predictions depend on extensive historical and real-time datasets. Issues of data privacy and cybersecurity emerge as concerns when integrating diverse data sources across smart grid infrastructure. Additionally, the interpretability of AI models is often limited, creating barriers for grid operators to fully trust and adopt these technologies in critical decision-making processes.

Scalability is another challenge, especially when transitioning from pilot projects to full-scale grid operations. The computational complexity of AI algorithms and the need for real-time processing necessitate robust hardware and software infrastructures. Addressing these challenges requires continuous research focused on improving algorithmic transparency, data governance, and scalable architectures.

Overall, the synthesis of current literature underscores the transformative potential of AI-based predictive load management in driving energy efficiency within smart grids. The qualitative insights suggest that when effectively implemented, these AI techniques contribute to cost savings, improved reliability, and enhanced integration of renewable energy resources. For policymakers and grid operators, embracing AI-driven solutions presents a pathway toward sustainable, resilient, and intelligent energy systems that meet the evolving demands of modern societies.

1. Role of AI-Based Predictive Load Management in Enhancing Energy Efficiency

AI-based predictive load management has emerged as a critical enabler for optimizing energy efficiency in smart grids by accurately forecasting demand and dynamically balancing supply. The ability of AI algorithms to process large volumes of historical and real-time data allows for precise anticipation of consumption patterns, which is essential for minimizing energy waste and operational inefficiencies. Through continuous learning and adaptation, machine learning models adjust forecasts to account for seasonal, behavioral, and contextual factors that influence energy use. This responsiveness helps reduce peak load pressures, smoothing demand curves and facilitating more efficient dispatch of energy resources.

Moreover, predictive load management supports the strategic scheduling of distributed energy resources (DERs), including renewables, storage, and flexible loads. By forecasting demand variability and renewable generation fluctuations, AI techniques enable grid operators to proactively adjust DER utilization, thus improving grid stability and reducing reliance on conventional, carbon-intensive

generation. This coordinated approach not only enhances energy efficiency but also contributes to sustainability goals by lowering greenhouse gas emissions associated with energy production.

The literature highlights the superior accuracy of AI models such as artificial neural networks, support vector machines, and ensemble learning in predicting load compared to traditional statistical methods. These AI models can capture nonlinear relationships and complex temporal dependencies, which are prevalent in energy consumption data. The resulting forecast improvements lead to more informed operational decisions, including demand response activations, grid reconfiguration, and preventive maintenance, all contributing to higher energy efficiency.

In practice, AI-based predictive load management also facilitates real-time energy market participation by enabling better load forecasting, which supports demand-side bidding and price optimization strategies. This economic dimension incentivizes consumers to adjust consumption behavior in response to price signals, aligning demand with available supply and improving overall grid efficiency.

Challenges such as data heterogeneity, noise, and missing values are mitigated through advanced preprocessing techniques, which are integral to successful AI model performance. The iterative feedback loops inherent in many AI frameworks further refine predictive accuracy over time, making these systems increasingly robust and reliable.

In conclusion, AI-based predictive load management functions as a foundational technology in smart grids, significantly advancing energy efficiency by enabling

proactive, data-driven energy management strategies that adapt to evolving grid conditions and consumer behaviors.

2. Integration of Renewable Energy Sources Through AI-Driven Load Forecasting

The integration of renewable energy sources into smart grids presents challenges due to their intermittent and stochastic nature. AI-based predictive load management plays a pivotal role in addressing these challenges by forecasting

both load and renewable generation with high precision. Accurate forecasting facilitates better synchronization between supply and demand, ensuring that renewable energy is effectively utilized and minimizing curtailment.

Table illustrating how AI-based predictive load management addresses challenges in integrating renewable energy sources into smart grids by improving forecasting accuracy and synchronization:

Aspect	Challenge	AI Solution	Impact on Smart Grid Performance	Example Metrics
Intermittency of Renewable Sources	Fluctuating solar and wind generation	AI models forecast renewable output based on weather data	Enables dynamic adjustment of load and storage scheduling	Forecast accuracy > 90%, Curtailment ↓ 15%
Stochastic Generation Patterns	Unpredictable renewable output due to environmental factors	Deep learning captures complex temporal and spatial patterns	Improves real-time balancing of supply and demand	Supply-demand mismatch ↓ 20%
Load and Generation Synchronization	Difficulty matching load with variable renewable generation	Predictive load management integrates load and generation forecasts	Optimizes energy dispatch and reduces reliance on backup power	Peak load reduction 12%, Efficiency ↑ 10%
Renewable Curtailment	Excess generation wasted due to mismatch	AI-based optimization minimizes energy wastage	Enhances renewable energy utilization and grid stability	Curtailment rate < 5%
Grid Stability	Maintaining voltage and frequency stability amid fluctuations	Reinforcement learning adjusts load response in real time	Increases grid resilience and reliability	Frequency deviation < 0.05 Hz

Predictive models analyze meteorological data alongside consumption patterns to anticipate solar and wind generation variability. This integration allows grid operators to plan load dispatch and storage utilization accordingly, optimizing the balance between renewable inputs and conventional generation. Such synchronization reduces the need for fossil-fuel

backup plants, contributing to decarbonization efforts.

The literature underscores that AI techniques like deep learning, which leverage large datasets and hierarchical feature extraction, outperform conventional methods in modeling the complex dependencies between weather conditions and renewable output. Furthermore, reinforcement



learning algorithms can dynamically adjust load management policies in response to real-time renewable fluctuations, enhancing grid adaptability.

Effective renewable integration via AI also supports microgrid operations, where localized energy generation and consumption require precise management to maintain stability and efficiency. AI-driven load forecasting assists in scheduling energy storage and demand response within microgrids, enabling them to operate autonomously while maximizing renewable utilization.

However, uncertainties inherent in renewable generation necessitate the incorporation of probabilistic forecasting and confidence intervals within AI models. These approaches provide risk assessments that inform decision-making and contingency planning, mitigating the impact of prediction errors on grid operations.

In practice, AI-enabled integration of renewables has demonstrated improvements in operational cost reductions, increased renewable penetration, and enhanced system resilience. These benefits underscore the strategic importance of AI in facilitating the energy transition within smart grids.

3. Challenges in Implementing AI-Based Predictive Load Management Techniques

Despite the demonstrated benefits, the implementation of AI-based predictive load management in smart grids encounters several technical and operational challenges. One primary challenge is data quality and availability. Effective AI models require vast amounts of high-quality, labeled data covering diverse temporal and spatial scales. In many smart grid contexts, data may be incomplete,

noisy, or inconsistently recorded, impairing model training and prediction accuracy.

Data privacy and security concerns also arise due to the sensitive nature of consumption data and the interconnectedness of smart grid systems. Ensuring secure data collection, transmission, and storage is critical to protect consumer privacy and prevent cyberattacks, which could disrupt AI-driven operations.

Moreover, the complexity and opacity of many AI models, especially deep learning algorithms, hinder interpretability and trust among grid operators and regulators. Explainability is crucial in critical infrastructure management to validate AI decisions and ensure compliance with regulatory standards. Addressing this challenge requires developing transparent AI frameworks and integrating domain knowledge into model design.

Scalability presents another significant hurdle. Pilot studies often demonstrate promising results, but scaling AI solutions to regional or national grids involves managing increased data volumes, diverse system architectures, and heterogeneous devices. This scaling demands robust computational infrastructure, efficient algorithms, and standardized protocols.

Integration with existing grid management systems is also complex. Legacy infrastructure may lack compatibility with AI-based platforms, necessitating significant upgrades or hybrid approaches. Coordinating AI interventions with traditional control mechanisms requires careful system engineering to avoid conflicts or unintended consequences.

Finally, workforce readiness and organizational culture influence AI adoption. Grid operators must be trained to interpret AI outputs and

manage AI-augmented systems effectively. Resistance to technological change or lack of trust can impede implementation despite technical readiness.

Addressing these challenges calls for multidisciplinary collaboration among engineers, data scientists, policymakers, and stakeholders to develop scalable, secure, interpretable, and user-friendly AI-based predictive load management solutions.

4. Comparative Effectiveness of AI Algorithms in Load Forecasting

A detailed analysis of the literature reveals a diverse array of AI algorithms applied to predictive load management, each with unique strengths and limitations affecting their effectiveness in optimizing energy efficiency. Artificial neural networks (ANNs) are among the most widely used due to their ability to model nonlinear relationships and adapt to changing data patterns. Variants such as convolutional neural networks (CNNs) and recurrent neural networks (RNNs) further enhance temporal and spatial pattern recognition.

Support vector machines (SVMs) provide robust performance in scenarios with limited data, offering high generalization capabilities. Ensemble learning methods, including random forests and gradient boosting, combine multiple models to improve accuracy and reduce overfitting. These approaches are particularly effective in handling diverse and noisy datasets typical of smart grid environments.

Deep learning models demonstrate superior accuracy in large-scale applications due to their capacity to extract hierarchical features and capture complex dependencies. However, they require extensive computational resources and

training data, potentially limiting their applicability in resource-constrained settings.

Reinforcement learning (RL) introduces dynamic decision-making capabilities, allowing systems to learn optimal load management policies through interaction with the environment. RL is promising for real-time demand response and adaptive grid control, though it demands sophisticated reward design and exploration strategies.

Hybrid models integrating multiple AI techniques and incorporating domain knowledge often outperform single-method approaches by leveraging complementary strengths. For example, combining statistical models with neural networks can improve short-term forecasting accuracy.

Despite advances, no single algorithm universally outperforms others across all contexts. Algorithm selection depends on data characteristics, grid size, forecasting horizon, and computational capacity. Ongoing research seeks to develop adaptive algorithms that optimize performance dynamically.

In summary, the comparative effectiveness of AI algorithms underscores the necessity for tailored, context-aware load forecasting models to maximize energy efficiency in smart grids.

5. Future Research Directions and Practical Implications

The synthesis of current research identifies several promising avenues for advancing AI-based predictive load management techniques in smart grids. Future studies should focus on developing explainable AI models that enhance transparency and build trust among grid operators and consumers. Incorporating domain-specific knowledge and rule-based



constraints can improve model interpretability without sacrificing accuracy.

Research into federated learning and edge computing presents opportunities to address data privacy concerns by enabling decentralized model training on localized data, reducing the need for centralized data aggregation. This approach can enhance security and responsiveness in smart grid applications.

Advancements in real-time data analytics and streaming AI algorithms are essential to support the increasing demands for rapid, adaptive load management as smart grids evolve. Integrating AI with emerging technologies such as blockchain may further improve data integrity and transactional transparency.

Practical implementation requires developing scalable architectures and standardized frameworks that facilitate seamless integration of AI tools with existing grid management systems. Collaborations between academia, industry, and policymakers will be crucial to establish best practices, regulatory guidelines, and incentive mechanisms to promote AI adoption.

Moreover, workforce development through targeted training programs will enable operators to leverage AI tools effectively, fostering a culture of innovation and continuous improvement.

In terms of policy, incentivizing investments in AI-driven smart grid technologies and supporting pilot projects can accelerate transition toward energy-efficient, sustainable grids. Policymakers must also address ethical considerations related to AI deployment, ensuring equitable access and preventing bias

in energy management.

Collectively, these future research and practical directions highlight the transformative potential of AI-based predictive load management to optimize energy efficiency, enhance grid resilience, and support global sustainability goals.

3. CONCLUSION

AI-based predictive load management techniques have demonstrated significant potential in optimizing energy efficiency within smart grids by enabling accurate load forecasting, dynamic demand response, and seamless integration of renewable energy sources. These AI-driven approaches enhance grid reliability, reduce operational costs, and support sustainable energy consumption by adapting to complex and variable energy patterns in real-time. Despite challenges related to data quality, model interpretability, and scalability, continued advancements in AI algorithms and data management are expected to further improve smart grid performance. The strategic implementation of these techniques holds promise for accelerating the transition toward intelligent, efficient, and sustainable energy systems, thereby contributing meaningfully to global environmental and economic objectives.

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